

FREE PRACTICE PLANNER 1 OF 2

My 10 Minute Spanish Practice Planner

For busy adult beginners who need a manageable routine. Edit this template or print it; no email or purchase is needed.

Choose one everyday situation and two phrases. Set a small practice slot. Use the worked example on the next page, then fill in your own week.

My practice setup	My choice
My situation or goal	
My usual practice time	
Phrase 1 and its meaning	
Phrase 2 and its meaning	

MY WEEK REPEAT THE HARD PHRASES ON ANOTHER DAY

Day	Date	Phrase or task	What I recalled or need to repeat
1			
2			
3			
4			
5			
6			
7			

MY NEXT REVIEW DATE AND ONE SMALL CHANGE

FREE PRACTICE PLANNER 2 OF 2

Build a routine you can repeat

Instructions and a worked example. The ten-minute split is a flexible planning aid, not a promise about learning speed.

Time	What to do
2 minutes	Read your two phrases, check their meaning and say them aloud.
3 minutes	Cover the Spanish, recall it, check and try the difficult phrase again.
3 minutes	Use the phrases in a short role play; practise both roles.
2 minutes	Record the attempt and choose a phrase to revisit on another day.

WORKED EXAMPLE PREPARE A CAFE EXCHANGE

Goal: Ask for coffee and request repetition if a reply is unclear.

Phrase 1: Un café, por favor. / A coffee, please.

Phrase 2: ¿Puede repetir, por favor? / Can you repeat, please.

Practice slot: Ten minutes after breakfast.

Review day	Planned task and note
Day 1	Read and practise the two phrases. Note which one needs another attempt.
Day 3	Cover both phrases, recall them and check the cafe dialogue.
Day 6	Repeat both roles; record whether you needed the example or a small prompt.

Adapt the plan

If ten minutes does not fit, use a shorter slot and one phrase. Missed a day? Continue at your next available practice time. Use the free starter dialogues or your own reviewed examples.